## Social Work Community Resource Guide

Edited 12/1/2020



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Category	Service Areas	Name/Description	Target Population/ Description	Link	Notes/Contact Information
			Behaviora	al Health	
Behavioral Health	All campuses	Crisis Text Line: 24/7 support for those in crisis	Members experiencing psychological distress.	https://www.crisistextline.org/	All campuses
Behavioral Health	Queens, Brooklyn, Manhattan, Bronx, Staten Island	NYC Well	Members experiencing psychological distress; This is a multilingual and multicultural hotline.	https://www1.nyc.gov/site/doh/health/health-topics/crisis- emergency-services.page	NYC Well
Behavioral Health	Queens, Brooklyn, Manhattan, Bronx, Staten Island	PEARLS	(Program to Encourage Active, Rewarding Lives for Seniors) provides short-term therapy (6-8 months) from SW's or BH counselors.	NYC Dept. Health/Mental Hygiene	Intake Worker: Karina Ramos 929-399-1365 Program Director: Michael Sanchez 929-399-1315
Behavioral Health	Queens, Brooklyn, Manhattan, Bronx, Staten Island	MHA-NYC LifeNet	Members wanting to be connected with a trained BH professional.	https://www.mhanys.org/MH_update/wp-content/uploads/2012/12/lifenetbrochure.pdf	MHA-NYC LifeNet
Behavioral Health	Manhattan	Manhattan ACT	Members with severe mental illness residing in Northern Manhattan, including Harlem, Inwood, and Washington Heights.	https://www.cases.org/programs/manhattan-act/	Manhattan
Behavioral Health	Brooklyn, Bronx, Queens, Nassau, Suffolk	Well Life Network	Members with severe mental illness.	https://www.welllifenetwork.org/what_we_do/behavioral_h ealth/act	Brooklyn, Bronx, Queens, Nassau, Suffolk
Behavioral Health	Bronx, Brooklyn	JASA Friendship House	Therapeutic recreation, health-related services and social activities for seniors recovering from mental illnesses. They also have NYS licensed Adult BH Home and Community Based Services that include family support/training, peer support, and empowerment training.	http://www.jasa.org/community/mental-health- services#.XSx-4-tKiJA	Bronx, Brooklyn
Behavioral Health	Brooklyn	Sunset Terrace Family Health Center at NYU Langone	Treatment and support for people experiencing mental health disorders.	https://nyulangone.org/locations/family-health-centers-at-nyu-langone/behavioral-health-program-family-health-centers-at-nyu-langone	Brooklyn

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Behavioral Health	All campuses	National Suicide Prevention Lifeline	Free and confidential emotional support to people in suicidal crisis or emotional distress.	https://suicidepreventionlifeline.org/	All campuses
	T	T	Case Man	agement	
Case Mgmt.	All campuses	JASA	Can help with entitlements and hearings and provide resources for seniors and their families.	http://www.jasa.org/get-help#.XOWiKhZKiJA	Pearce Help Center: (212) 273-5272
Case Mgmt.	All campuses	EISEP	Older people- 60+ who need help caring for themselves and do not qualify for Medicaid.	https://www.health.ny.gov/health_care/medicaid/program/longterm/expand.htm	EISEP
Case Mgmt.	Suffolk	Department of Aging	Elderly individuals- for help with housing resources, Friendly Visiting, Entitlements, PERS.	https://suffolkcountyny.gov/aging	Tel: Hauppauge (631) 853-8200
	I		Financial A	ssistance	
Financial Assistance	All campuses	Social Security	Federally administered pension plan for retired and disabled persons and their families.	https://secure.ssa.gov/ICON/main.jsp	Social Security Administration New York Region Office of the Regional Commissioner 26 Federal Plaza, Room 40-120 New York, NY 10278
Financial Assistance	All campuses	Temporary Assistance	Temporary Assistance (TA) is temporary help for needy men, women and children. If you are unable to work, can't find a job, or your job does not pay enough, TA may be able to help you pay for your expenses.	https://otda.ny.gov/programs/temporary-assistance/	OTDA Hotline: (800) 342-3009
Financial Assistance	All campuses	Supplemental Security Income	Federally administered program of cash assistance for the aged, blind, and the disabled of any age with limited income or resources.	https://www.ssa.gov/ssi/	Tel: (800) 772-1213

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			Food and	Nutrition	
Food and Nutrition	All campuses	ShopRite Dietitians	For members who want to reach health and wellness goals.	https://www.shoprite.com/dietitian/	Offers personal dietitian consults; see schedules online
Food and Nutrition	Queens	Queens Community House Home-Delivered Meals	For home-bound seniors eligible for home-delivered meals, Queens Community House offers the options of nutritious hot meals prepared by QCH's senior centers or meals meeting cultural needs such as Kosher and/or Asian. We also offer Kosher or non-Kosher frozen meals twice a week.	https://www.qchnyc.org/programs/older-adult-services/case management-home-delivered-meals	110-01 62nd Drive, Forest Hills, NY 11375  Coordinators: Stephanie Favors sfavors@qchnyc.org Jose Pena jpena@qchnyc.org  Tel: (347) 507-0486 Fax: (718) 699-6889
Food and Nutrition	Queens	Queens Community House Food Access Initiatives	Individuals looking for access to health education, food access, health screenings, and fitness programming.	https://www.qchnyc.org/programs/adult-family- services/food-access-initiatives	Pomonok – Food Access Initiatives 67-09 Kissena Blvd., Flushing, NY 11367  Contact: Patrick Pinchinat Email: ppinchinat@qchnyc.org Tel: (718) 591-6060 Fax: (718) 591-9027
Food and Nutrition	Queens, Brooklyn, Bronx, Manhattan, Staten Island	City Meals on Wheels	Age 60+ individual who has a chronic physical or mental disability preventing him or her from shopping for food or preparing meals for him or herself.	https://www.citymeals.org/	Must contact local Case Management Agency to assess for eligibility
Food and Nutrition	Nassau	Catholic Charities Meals-on- Wheels	Age 60+ individual who is homebound and unable to prepare meals.	https://www.catholiccharities.cc/our-services/senior	Meals-On-Wheels (Nassau County) 333 North Main Street, Freeport, NY 11520 Tel: (516) 771-3410
Food and Nutrition	Nassau/ Suffolk	Catholic Charities Congregate Meal Sites	Seniors and the Vision Impaired	https://www.catholiccharities.cc/our-services/senior	Congregate Meal Sites (Call for hours)  VIP Center (Visually Impaired Persons): (516) 887-0768 St. Anne's Gardens: (631) 789-5219 St. Paul's: (631) 789-5219 Mary's Manor: (516) 764-9792

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Food and Nutrition	Nassau Suffolk	Island Harvest	Provides hunger relief for individuals in Long Island.	https://www.islandharvest.org/	15 Grumman Rd. West, Suite 1450, Bethpage, NY 11714 Phone: (516) 294-8528 40 Marcus Blvd., Hauppauge, NY 11788 Phone: (631) 873-4775
Food and Nutrition	Suffolk	Catholic Charities Meals-on- Wheels	Age 60+ individual who is homebound and unable to prepare meals.	https://www.catholiccharities.cc/our-services/senior	Meals-On-Wheels 143 Schleigel Boulevard Amityville, NY 11701 Tel: (631) 789-5219 Monday - Friday, 8:30 a.m 4:30 p.m.
Food and Nutrition	All Campuses	God's Love We Deliver	Individuals who receive Medicaid benefits and are in Value Based Program arrangements with serious and chronic illness and have ADL/cognitive limitations.	https://www.glwd.org/	Main Contact Tel: (212) 294-8100 Fax: (212) 294-8101 info@glwd.org
Food and Nutrition	All Campuses	Food Pantry.	For the 5 boroughs. Put in the member's address and a list of pantries will come up. Click on the individual pantry for exact location and days/hours of operation.	www.foodpantries.org	
Food and Nutrition	Nassau and Suffolk	Mobile Outreach Resource Enterprise (MORE)	Provides information, referral assistance & emergency food to people when their local food pantry is closed.	https://internal.licares.org/events/mobile_outreach_enterpri	Tel: (631) 382-FOOD (3663)
Food and Nutrition	Nassau and Suffolk	Harry Chapin Mobile Food Pantry	Harry Chapin Mobile Food Pantry offers home delivery of non-perishable food, personal care items, pet food & household supplies to high risk, homebound people icl. those with a mental health dx. Food is delivered biweekly and once an order is processed. Assessments include potential need for ongoing social services.	http://www.licares.org/	Tel: (631) 582-3663
Food and Nutrition		Supporting Our Seniors (S.O.S.)	Non-perishable emergency food for at least 3 days/9 meals.		
Food and Nutrition	Nassau and Suffolk	Mobile Breakfast Food Truck	For kids experiencing low food security.	https://www.licares.org/what-we-do/youth- programs/breakfast-food-trucks/	Contact: Christine Brown Tel: (631) 582-3663 x120

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Food and Nutrition	Nassau and Suffolk	Pack It Up for Kids	Packs include enough food for 6 meals/2 snacks when school is not in session.		Contact: Kerry Tooker (631) 582-3663 x132
	1	ı	Homecare/Com	panion Services	
Homecare/Companion Services	All Campuses	Homecare Planning Solutions	Assists individuals, social workers, and discharge planners with homecare planning.	http://www.wnylc.com/health/entry/184/	Homecare Planning Solutions 946 McDonald Ave., Brooklyn, NY 11218 Tel: (718) 710-4099
Homecare/Companion Services	Nassau	EAC Network In-Home Respite Services	In-Home Respite Services provides in-home caregivers (companions) to Nassau County residents caring for an elderly relative in their home so the caregiver can take much-needed time off.	https://eac-network.org/senior-respite/	EAC Network Administrative Office: 50 Clinton Street, Suite 107 Hempstead, NY 11550 Tel: (516) 539-0150 Fax: (516) 539-0160
Homecare/Companion Services	Manhattan/ Westchester	DOROT Programs for Seniors	For seniors who would like food, friendship, companionship, shopping assistance, referrals etc.	http://www.dorotusa.org/site/PageServer?pagename=about friendly visiting D#.XOKvUFJKhhE	171 West 85th Street New York, NY 10024 (212) 769–2850
Homecare/Companion Services	Brooklyn	Friendly Visiting Program	Home-bound Seniors	https://www.nycservice.org/organizations/580	Kari Sadeh, Program Director Tel: (718) 449-5000 x2212 3001 West 37th Street, Brooklyn, NY 11224
Homecare/Companion Services	Queens	Caregiver Support Services	For individuals who live at home, but need a little bit of extra support and/or companionship during the day. They also provide respite to family members and other caregivers.	https://www.qchnyc.org/programs/older-adult- services/social-adult-day-services-caregiver-support	Caregiver Support Services 80-02 Kew Gardens Road, Suite #202 Kew Gardens, NY 11415  Coordinators: Joseph Dutson jdutson@qchnyc.org Anna Boyer aboyer@qchnyc.org Tel: (718) 268-5960 x226

Category	Service Areas	Name/Description	Target Population/ Description	Link	Notes/Contact Information
			Hou	sing	
Housing	Queens	Queens Community House Housing and Homelessness Prevention	TANF-eligible households, families recently evicted and housed under the city's temporary housing program.	https://www.qchnyc.org/programs/adult-family- services/housing-and-homelessness-prevention	108-25 62nd Drive Forest Hills, NY 11375 Tel: 718-592-5757 ext. 243 Coordinator: Joel Ponder Email: jponder@qchnyc.org  165-08 88th Avenue, Room 217 Jamaica, NY 11432 Tel: (718) 883-8310 Fax: (718) 883-8234 Director: Marilyn Sotomayor Email: msotomayor@qchnyc.org
Housing	Staten Island	Richmond Senior Services	Shared apartments for self sufficient individuals ages 62+. Rent of \$ 590- \$700 includes utilities; apts are 3-4 bedrooms washer and dryer.		192 Corson Ave., Staten Island, NY 10301 Director Assistant: Claudine Lucas Tel: (718) 816-1811
Housing	Queens, Manhattan, Brooklyn, Bronx, Staten Island	Catholic Charities	Individuals with housing emergency: Avoiding eviction, finding emergency shelter, and accessing affordable housing.	https://catholiccharitiesny.org/find-help/need-help-housing	Catholic Charities Helpline: (888) 744-7900
Housing	Queens, Manhattan, Brooklyn, Bronx, Staten Island	City FHEPS	This is a rental assistance supplement to help individuals and families find and keep housing.	https://www1.nyc.gov/site/hra/help/cityfheps.page	Documents: https://www1.nyc.gov/site/hra/help/cityfheps-documents.page
Housing	Queens, Manhattan, Brooklyn, Bronx, Staten Island	Guide for NYC Healthcare Providers	Guide that provides multiple resources to help individual and families with housing concerns, entitlements, and housing legal concerns.	https://nyam.org/media/filer_public/a2/16/a216dc06-e9ad- 4458-8cb7-cd0691331171/housing_guide.pdf	Resources: https://nyam.org/media/filer_public/a2/16/a216dc06-e9ad-4458- 8cb7-cd0691331171/housing_guide.pdf
Housing	All campuses	Care Patrol	Assisted living, independent living, memory care, and nursing home placements.	https://www.carepatrol.com/	Tel: (866) 560-5656
Housing	Queens, Manhattan, Brooklyn, Bronx, Staten Island	Covenant House	Housing and supportive services for homeless youth.	https://www.covenanthouse.org/	Offers housing, behavioral health and health and wellness center targeted towards homeless youth
Housing	Queens, Manhattan, Brooklyn, Bronx, Staten Island	Comunilife	Housing, Medical Respite and Latina Adolescent Suicide Prevention Program.	https://comunilife.org/	For more information about Comunilife's Medical Respite Program contact Dr. Beverly Raudales at braudales@comunilife.org

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			Immigration/Lar	guage Services	
				English Classes: For more information on day classes: Contact: Neforis Garcia Tel: (718) 592-5757 x216 Email: NGarcia@qchnyc.org	
Immigration/Language Services	Queens	Queens Community House: Immigrant Services	Offers free English classes for Speakers of other Languages.  Offers Immigration and Citizenship services.	https://www.qchnyc.org/programs/adult-family- services/immigrant-services	For more information on night classes: Contact: Susana Torres Tel: (718) 592-5757 x222 Email: jtorres@qchnyc.org
					Immigration and Citizenship: 108-25 62nd Drive, Forest Hills, NY 11375 Coordinator: Carmen Gutierrez Tel: (347) 965-1213 Email: cgutierrez@qchnyc.org
			Inpatient Psych	iatric Facilities	
Inpatient Psychiatric Facilities	Suffolk	Long Island Center for Recovery	Inpatient services for drug, alcohol, and substance use.	https://www.longislandcenterrecovery.com	Long Island Center for Recovery 320 West Montauk Highway, Hampton Bays, NY 11946 Local: (631) 728-3100 Toll Free: (800) 344-5427
Inpatient/Outpatient Psychiatric Facilities	Suffolk	Eastern Long Island Hospital- Quannacut	Outpatient and inpatient services are provided for those who suffer from addiction or chemical dependency.	https://www.elih.org/HOSPITAL- GUIDE/SERVICES/BEHAVIORAL-HEALTH/Addiction-Services	Inpatient: (631) 477-8877 Outpatient: (631) 369-8966
Inpatient/Outpatient Psychiatric Facilities	Suffolk/ Nassau	Seafield Center	A non-profit organization dedicated to providing ongoing support to those in recovery from alcohol and substance abuse addiction, and combating its devastating effects on the individual and his family.	https://www.seafieldcenter.com/	Tel: (800) 448-4808 Email: intake@seafieldcenter.com
Inpatient/Outpatient Psychiatric Facilities	Manhattan	Parallax Center	Individualized outpatient detoxification and continuing care treatment.	https://www.parallaxcenter.com/	145 East 32nd Street, 6th Floor, New York, NY, 10016 Email: info@parallaxcenter.com Tel: (212) 779-9207 Fax: (212) 779-9288
Inpatient/Outpatient Psychiatric Facilities	Manhattan	Gracie Square Hospital	Psychiatric inpatient care/ behavior healthcare.	http://www.nygsh.org/index.html	420 East 76th Street, New York, NY 10021 (212) 434-5300

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Inpatient/Outpatient Psychiatric Facilities	Queens, Bronx, Westchester	Arms Acres Conifer Park	Inpatient and Outpatient addiction and mental health services.	http://www.armsacres.com/detox-program	Arms Acres 75 Seminary Hill Road, Carmel, NY 10512 Tel: (845) 225-3400 Directions Toll Free Phone: (888) CARING1 eFax: (845) 698-4046 (845) 698-4084
			Legal Se	ervices	
Legal Services	All Campuses	Law Help NY	Any individual seeking affordable legal services or information about their case.	https://www.lawhelpny.org/	LawHelpNY c/o Pro Bono Net 151 West 30th Street New York, NY 10001 info@nylawhelp.org
Legal Services	Westchester	Legal Services of Hudson Valley	Low-income individuals who may also need lawyer speaking other languages.	https://lshv.org/	FOR HELP: (877) 574-8529 CHILD SUPPORT HOTLINE: (844) 949-1305
Legal Services	Nassau	Nassau County Legal Aid Society	Free/ low cost Representation for criminal prosecutions, family/ child court, and more- must request to judge for representation.	http://nclas.org/	40 Main St, Hempstead, NY 11550 Tel: (516) 560-6400 Fax: (516) 572-1957
Legal Services	Queens, Brooklyn, Bronx, Staten Island, Manhattan	The Legal Aid Society NYC	Free/ low cost Representation for criminal prosecutions, family/child court, and more- must request to judge for representation.	https://www.legalaidnyc.org/who-we-are-1	ACCESS TO BENEFITS (A2B) HELPLINE: (888) 663-6880 Tuesdays, Wednesdays and Thursdays: 9:30 am - 12:30 pm HOMELESS RIGHTS HELPLINE: (800) 649-9125 Monday-Friday: 9:00 am - 5:00 pm IMMIGRATION LAW UNIT HELPLINE: (844) 955-3425 Monday-Friday: 9:00 am - 5:00 pm LOW-INCOME TAXPAYER CLINIC HELPLINE: (212) 426-3013
Legal Services	Manhattan	Lenox Hill Neighborhood House Legal Advocacy	Provides free, comprehensive civil legal services to individuals and families – frail older adults, people with disabilities and those experiencing homelessness, immigrants, low-wage workers and low-income families.	https://www.lenoxhill.org/legaladvocacy	Intake hotline: (212) 218-0503
Legal Services	Suffolk	LEGAL AID SOCIETY OF SUFFOLK COUNTY, INC.	Free/ low cost Representation for criminal prosecutions, family/ child court, and more- must request to judge for representation	http://sclas.org/	Tel: (631) 853-5212  Eligibility: http://sclas.msnetsol.info/wp- content/uploads/2016/08/convert-jpg-to-pdf.net_2016-08-24_20-25- 44.pdf
Legal Services	Suffolk/ Nassau	Brighter Tomorrows Inc.	Legal advocacy for DV victims	https://brightertomorrowsinc.org/	24 Hour Hotline: (631) 395-1800

Category	Service Areas	Name/Description	Target Population/ Description	Link	Notes/Contact Information
			Medicaid F	Resources	
Medicaid Resources	All campuses	NYSARC	People with disabilities looking to protect benefit eligibility.	https://www.nysarctrustservices.org/	P.O. Box 1531 Latham, New York 12110 Tel: (518) 439-8323 Email: trustdept@nysarc.org
Medicaid Resources	All campuses	Medicaid Spousal Impoverishment	Spouses of Individuals in Nursing home care.	https://www.medicaid.gov/medicaid/eligibility/spousal- impoverishment/index.html	https://www.medicaid.gov/medicaid/eligibility/downloads/spousal- impoverishment/ssi-and-spousal-impoverishment-standards.pdf
			Medical and Phari	naceutical Needs	
Medical and Pharmaceutical Needs	Manhattan, Queens, Brooklyn, Bronx	Community Healthcare Network	Patients receive care at CHN regardless of immigration status, race/ethnicity, sexual orientation, age, or ability to pay.	https://www.chnnyc.org/about/who-we-serve/	CHN Main Number: (866) 246-8259 This number can be used for 24/7 Access to a CHN provider.
Medical and Pharmaceutical Needs	All campuses	Medication assistance	Members looking for help paying for prescription drugs.	www.needymeds.com	Helpline: (800) 503-6897
Medical and Pharmaceutical Needs	All Campuses	New York Rx Card	NY residents requiring prescription drugs- offers discount card to present at pharmacy for non-covered prescriptions.	https://newyorkrxcard.com/index.php	Tel: (800) 931-2297 (917) 715-1560 Pricing Information: https://newyorkrxcard.com/medication-pricing.php Pill Identification: https://newyorkrxcard.com/pill-identification-tool.php
Medical and Pharmaceutical Needs	All Campuses	Elderly Pharmaceutical Insurance Coverage	65+ Individuals with Medicare Part D/ not receiving full Medicaid benefit.  HH Income < \$75,000 (Single) or < \$100,000 (Married)	https://www.health.ny.gov/health_care/epic/	Tel: (800) 332-3742 Email: nysdohepic@magellanhealth.com Application: https://www.health.ny.gov/forms/doh-5080.pdf
Medical and Pharmaceutical Needs	All Campuses	VA Health Care	Those who are active or have served in military, naval or air service, and didn't receive a dishonorable discharge. Covers prescriptions written by a VA doctor.	https://www.va.gov/health-care/about-va-health-benefits/	Health benefits hotline: (877) 222-VETS (8387) My HealtheVet help desk: (877) 327-0022 eBenefits technical support: (800) 983-0937 Call MyVA311 for help: (844) 698-2311
Medical and Pharmaceutical Needs	All Campuses	AIDS Drug Assistance Program (ADAP)	HIV-infection or at risk of acquiring HIV infection, residing in NYS, within 500% of federal poverty level.	https://www.health.ny.gov/diseases/aids/general/resources/ adap/eligibility.htm	Application: https://www.health.ny.gov/forms/doh-2794.pdf
Medical and Pharmaceutical Needs	All Campuses	American Diabetes Association Prescription Assistance	All members for whom access to medication may be difficult due to financial hardship.	http://www.diabetes.org/living-with-diabetes/health-insurance/prescription-assistance.html	Tel: (800) DIABETES (342-2383)

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Medical and Pharmaceutical Needs	All Campuses	Partnership for Prescription Assistance	Members looking for help paying for prescription drugs.	https://www.aafp.org/about/initiatives/prescription- assistance.html	Tel: (888) 4PPA-NOW (477-2669) or Visit PPA (www.pparx.org)
			Miscellaneous/0	Other resources	
Miscellaneous/Other resources	All Campuses	SafeLink Wireless	Free or low cost cellular service for low income households	https://www.safelinkwireless.com/Enrollment/Safelink/en/Web/www/default/index.html#!/newHome	For Enrollment and Plan Changes Support: (800) SafeLink (723-3546)
Miscellaneous/Other resources	All Campuses	VA Aid and Attendance benefits and Housebound allowance	Veteran or survivor who meets criteria listed on site.	https://www.va.gov/pension/aid-attendance-housebound/	https://www.vba.va.gov/pubs/forms/VBA-21-2680- ARE.pdf? ga=2.119727240.1007271357.1558555512-583779723.1557952890
Miscellaneous/Other resources	Queens	Queensboro Council For Social Welfare	Can help with entitlements and resources for Queens residents.	http://www.queenslibrary.org/services/community-information/community-resources-database/details/67370	Andrea or a Social Worker Intern Tel: (718) 685-2802/12 http://www.qcsw.org/About%20Us/aboutus.html
Miscellaneous/Other resources	Queens	Queens borough Presidents Office for Constituent Services	Clearing house for complaints and requests from Queens residents.	www.queensbp.org	Tel: (718) 286-2650 Email: info.queensbp.org
Miscellaneous/Other resources	Nassau/ Suffolk	211 Directory of Services	Resources in Long Island	https://211longisland.communityos.org/zf/taxonomy/directo ry	Email: 211longisland@middlecountrypubliclibrary.org
Miscellaneous/Other resources	Nassau/ Suffolk	L.I. Against Domestic Violence	Provides a range of services that help Long Island adults and children to escape from abusive relationships and build new lives.	https://liadv.org/	24-Hour Hotline: 631-666-8833 320 Carleton Avenue, Suite 8000 Central Islip, NY 11722 Tel: (631) 666-7181 Fax: (631) 666-9208
Miscellaneous/Other resources	Queen, Manhattan, Brooklyn, Bronx, Staten Island	NYC 311	Resources in NYC	https://www1.nyc.gov/311/	https://www1.nyc.gov/nyc-resources/categories.page
			Perinatal and Po	stnatal Services	
Perinatal and Postnatal Services	Nassau	Catholic Charities: Regina Maternity Services	Young mothers looking for help balancing parenting with education and employment.	https://www.catholiccharities.cc/our-services/regina- maternity-services	Catholic Charities Regina Residence Merrick, NY Tel: (516) 223-7888 Adminstrative office hours: Monday - Friday, 9:00 a.m 5:00 p.m.
Perinatal and Postnatal Services	Nurse-Family Partnership	First time moms, pregnant <28 weeks, meet income requirements		https://www.nursefamilypartnership.org/locations/#map1	Call or text: (844) 637-6667 516-942-4580 Email:nfpreferrals@vnsny.org
	ı	I	Substanc	e Abuse	
Substance Abuse	Queens, Brooklyn, Bronx, Staten Island, Manhattan	Catholic Charities	Individual seeking help for Substance abuse and recovery.	https://catholiccharitiesny.org/find-help/need-help- substance-abuse-recovery	Catholic Charities Help Line: (888) 744-7900
Substance Abuse	Brooklyn	New Directions Outpatient Alcoholism and Substance Abuse Treatment Program	Individuals and family members above age of 5 dealing with substance abuse treatment.	https://newdirectionsbrooklyn.com/	Intake Department: (718) 398-0800 500 Atlantic Avenue, Brooklyn, NY 11217
Substance Abuse	All Campuses	New York Free Rehab Centers	Individuals seeking free or low cost rehab in their area.	https://www.freerehabcenters.org/state/new_york	Tel: (800) 780-2294 to speak with a drug or alcohol counselor.

Category	Service Areas	Name/Description	Target Population/ Description	Link	Notes/Contact Information
Substance Abuse	All Campuses	SAMHSA	Individuals seeking treatment and other services for substance abuse and mental health issues.	https://www.samhsa.gov/	National Helpline (800) 662-HELP (4357) Treatment referral and information, 24/7. 5600 Fishers Ln, Rockville, MD 20857 (877) SAMHSA-7
Substance Abuse	All Campuses	NIH National Institute on Alcohol Abuse and Alcoholism	Individuals wanting to learn more about how to cope and deal with alcohol addiction and treatments.	https://alcoholtreatment.niaaa.nih.gov/	For general inquiries, please email: niaaaweb-r@exchange.nih.gov
			Transpo	ortation	
Transportation	Suffolk	SCAT Paratransit	Permanently or temporarily disabled	https://www.sct-bus.org/scat.html	Suffolk County Transportation Information Services: (631) 852-5200 Rides: (631) 738-1150
Transportation	Nassau	Able-Ride/ Paratransit program	Individuals with disabilities	https://www.nicebus.com/Able-Ride/How-to-Ride	Tel: (718) 592-5757 ext. 236 Application: https://www.nicebus.com/Able-Ride/Apply-for-Able-Ride
Transportation	Suffolk/ Nassau	Medicaid Transportation- for non-emergency medical transportation	Medicaid enrollees	http://www.longislandmedicaidride.net/	Telephone Contact: (844) 678-1103 (Reservations) (844) 678-1101 (Admin/ Reception)
Transportation	Queens, Brooklyn, Manhattan, Bronx, Staten Island	NYC Access-A-Ride	Individuals with disabilities	http://web.mta.info/nyct/paratran/guide.htm	Telephone Contact: (877) 337-2017
Transportation	Queens, Brooklyn, Manhattan, Bronx, Staten Island	MTA Reduced Fare Program	Seniors 65+ / Individuals with Disabilities	https://new.mta.info/fares-and-tolls/subway-bus-and-statenisland-railway/reduced-fare-metrocard	MTA Reduced Fare Program
Transportation	Queens	Queens Community House Transportation	Provides rides to and from QCH senior centers, as well as to events, shopping, and doctors' appointments, for our older adult participants.	https://www.gchnyc.org/programs/older-adult- services/transportation	Tel: (718) 592-5757 x236 Coordinator: Rick Jones Email: rcjones@qchnyc.org 108-25 62nd Drive, Forest Hills, NY 11375
Transportation	Brooklyn	JCC Senior Support Services	Individuals 60+ who needs car or ambulette services	https://www.jccgci.org/our-services/senior-support- systems/senior-transportation-services/	For further information, or to apply for the Transportation Program, call (718) 449-5000 x1 or email seniortrips@jccgci.org
Transportation	Westchester	Bee-Line Paratransit	Individuals with disabilities who are functionally unable to use fixed-route service	https://transportation.westchestergov.com/bee-line- paratransit	Tel: (914) 995-2960 Application: https://disabled.westchestergov.com/images/stories/pdfs/ParaTransitApp 20180116e.pdf
Transportation	All Campuses	DMV Parking for people with disabilities	Permanently disabled	https://dmv.ny.gov/more-info/parking-people-disabilities	Application: https://dmv.ny.gov/forms/mv6641.pdf